

Laminar Thought Flow



The Department of Biochemistry Newsletter

From the Editor's Desk

Laminar Thought Flow, the biochemistry newsletter is a showcase of happenings in the Department of Biochemistry. In this edition, we bring to the readers, a list of activities conducted since the month of June 2019.

The field of Biochemistry has always been on the forefront of scientific advancement, and with a vision of inculcating the same attitude in the department, the students as well as faculty participated in various activities. These activities were vital in creating awareness and spreading knowledge. Students were also motivated to go further and explore the field of Biochemistry from a new perspective. Finally, as a showcase of the creativity in the department, there is a poem titled 'REBORN', by one of the students of F.Y.B.Sc. Biochemistry.

- Ms. Bhavya Bhat
Asst. Prof., Dept. of Biochemistry

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Faculty Activities

Interactive session with NSS students on Nutrition

'Poshan Maah' (nutrition month) was celebrated by National Service Scheme (NSS) unit of Parvatibai Chowgule College of Arts and Science, Autonomous, during September 2019. As a part of this program, Dr. Aduja Naik, Assistant Professor, Department of

Biochemistry, was invited to talk on "Nutrition" on 27th September 2019. Dr. Aduja Naik had an interactive session with the young NSS volunteers and explained the importance of balanced diet. Several issues such as nutrition in adolescents, eating disorders in teenagers and diet during exams were also discussed.



- Contributed by Dr. Aduja Naik, Asst. Prof., Dept. of Biochemistry.
Edited by Ms. Bhavya Bhat

Workshop at BITS PILANI, Goa Campus



Faculties of Biochemistry, Ms. Sarah T. Mesquita, Dr. Supriya N. Prabhu Khorjuvenkar and Ms. Bhavya Bhat, participated in 5-days technical workshop on “Basic Molecular Biology Laboratory Tools and Techniques” organized by BITS BIRAC BIONEST at BITS Pilani, Goa Campus, from 09th to 13th July, 2019. The workshop focused majorly on the practical aspects of molecular biology.

-Contributed by Ms. Sarah T. Mesquita, Asst. Prof., Dept. of Biochemistry
Edited by Ms. Bhavya Bhat

Faculty and Students' Activities

Study Visit to Paul John Distillery, Cuncolim, Goa



Study Visit to the Paul John Whisky Distillery was recently undertaken as a part of the Skill Enhancement Course – Food and Fermentation Technology. Prior to commencing the tour of the facility, the Visitor Centre Guides briefly introduced the company, their product and their vision. As an aid to the unacquainted, a concise explanation about Whisky as a product was also given. The Study Visit was highly informative and very well received by all students present. The Guides were very well informed and passionate about their field, and all students were thoroughly engrossed throughout the entire tour of the facilities.

- Contributed by: Nakul Divekar, S.Y.B.Sc, Dept. of Biochemistry.
Edited by Ms. Bhavya Bhat

Established in 1996, John Distilleries grew to be a leading Alco-Bev company, not just in India but across the globe as well. The company owns a strong portfolio of brands across various categories including Whisky, Brandy, Rum, Premium Wines and Single Malts.

Faculty Achievements

Ms. Sarah T. Mesquita, Assistant Professor of the Department, has successfully cleared the State Eligibility Test (SET) that was held in the month of June 2019.

We congratulate Ms. Sarah T. Mesquita on this wonderful achievement.

- Ms. Bhavya Bhat, Asst. Prof., Dept. of Biochemistry



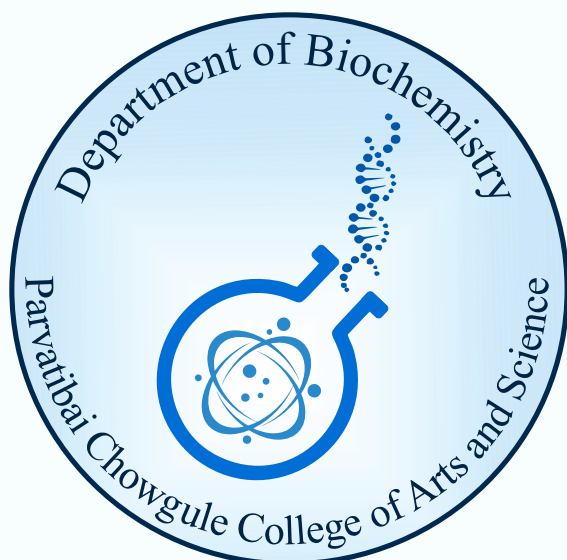
REBORN

There will once be a morning when the Sun will shine bright
Embrace me with its warmth and love and the wind will empathize with my plight
Betrayals and failures will be a thing of the past
Torture and jealousy will be considered last

There will once be a morning when the Sun will shine bright
I will break through the restrictions of my mind and let my life shine
Gone would be the days of fear of people's tongue wagging

They only take you to the bottom and your goals start lagging
These bricks of hypocrisy are to be broken with a heart of might
There will once be a morning when the Sun will shine bright.

- Poem by Ms. Vaishnavi Zo, F.Y.B.Sc, Dept. of Biochemistry



Editor: Ms. Bhavya G. Bhat
Reports of activities contributed by:
Dr. Aduja Naik, Ms. Sarah T.
Mesquita and the students featured
in this edition

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